

Privacy Policy – Mid Coast Massage

Mid Coast Massage respects your privacy and is committed to protecting your personal information.

What information we collect

We may collect personal information such as your name, email address, phone number, and any details you provide when booking an appointment, completing a form, or subscribing to our newsletter.

How we use your information

Your information is used to:

- Manage bookings and appointments
- Communicate with you about your bookings or enquiries
- Send occasional newsletters, updates, and special offers (if you have opted in)
- Improve our services and client experience

Email marketing

If you subscribe to our newsletter, we will use your email address to send you updates, wellness tips, and promotional offers. You can unsubscribe at any time by clicking the unsubscribe link in our emails.

Sharing your information

We respect your privacy. Your personal information will not be sold or shared with third parties, except where required by law or necessary to provide our services (for example, secure booking or email platforms).

Data security

We take reasonable steps to protect your personal information from misuse, loss, or unauthorised access.

Access and updates

You can request access to the personal information we hold about you or ask for corrections at any time by contacting us.

Contact us

If you have any questions about this Privacy Policy or how your information is handled, please contact:

Mid Coast Massage

0400489167

midcoast.massage@outlook.com